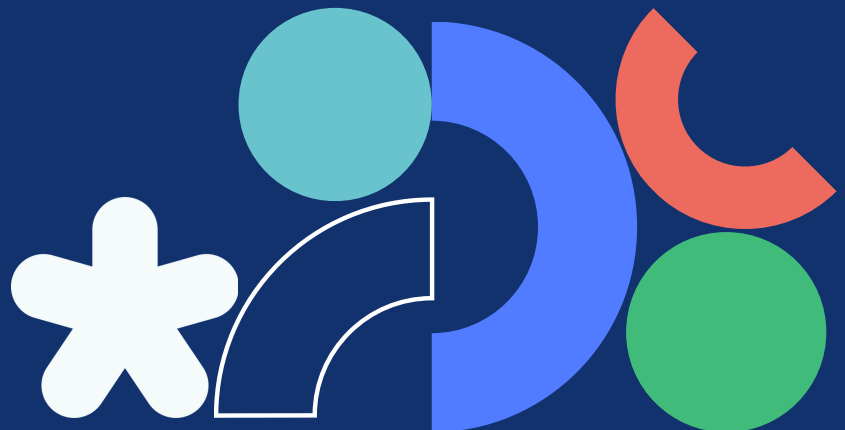




Repeat Sentence Practice Pack

*20 sentences with chunk breaks
+ the 6-Word Memory Method reference card*





Welcome

Hi, I'm Bailey from the E2 PTE channel. This is the practice set that pairs with the 2026 Repeat Sentence video, and it is built to be used, not just read. Work through it daily for two weeks: a few sentences each session, always with the same four steps. Repeat Sentence rewards a clean first chunk and steady delivery far more than it rewards perfect total recall, so the discipline you build here is exactly what lifts your Speaking and Listening scores. Keep it beside you while you study, and trust the method even when your instinct argues with it.

A quick, honest note (written practice only)

This is a written practice set, so you can mark up chunk breaks and rehearse anywhere. Audio recordings, real-time scoring, and full scored mock tests are on [E2Language.com](https://www.E2Language.com). This pack gives you the system. The platform is where you put it under test conditions.



The 6-Word Memory Method (one-page reference)

1	Find the chunk break Almost every Repeat Sentence is two ideas joined together. The natural pause between them is your chunk break. Listen for it.
2	Lock in the first 5 to 7 words Your working memory is reliable up to about six words. Past that, accuracy falls away. Lock the first chunk perfectly and let the rest follow naturally.
3	Whisper-rehearse in the silence Use the short gap between the audio ending and the microphone opening. Whisper your first chunk back to yourself, twice if you can.
4	Speak fluently, no self-correction A single wrong word costs you one content band. A self-correction reads as hesitation and costs you across the whole fluency band. Speak through any mistakes.

A quick, honest note (written practice only)

1. Hands ready, headphones on.
2. Listen for the chunk break.
3. Lock in the first six words.
4. Whisper-rehearse twice in the silence.
5. Speak through any mistakes, no stopping.

How the practice sentences are laid out

The vertical bar (|) marks the chunk break. Lock in the words to the LEFT of the bar first. Each sentence is also tagged by length (short, medium, long) and by academic topic, so you can build from confidence to challenge and get used to the subject range you will meet on test day.



Practice sentences — Short (8 to 10 words)

Start here. Lock in the words to the left of the bar, whisper-rehearse them, then speak the whole sentence through.

1	The national economy depends heavily on seasonal tourism. BUSINESS	SHORT 8 words
2	Rising sea temperatures affect coral reefs worldwide. ENVIRONMENT	SHORT 8 words
3	Most ancient civilisations developed along major river systems. BUSINESS	SHORT 8 words
4	Regular physical activity reduces the risk of heart disease. HEALTH	SHORT 9 words
5	Modern smartphones contain more computing power than early spacecraft. TECHNOLOGY	SHORT 9 words



Practice sentences — Medium (11 to 14 words), part 1

Same method. The chunk break still gives you a manageable first half to lock down.

6	Factors such as cost and function influence the design of every modern bridge. TECHNOLOGY	MEDIUM 13 words
7	Recent research in genetics has transformed our understanding of inherited disease. SCIENCE	MEDIUM 11 words
8	The committee will review the proposal before submitting their recommendations next month. BUSINESS	MEDIUM 12 words
9	Industrial cities in the nineteenth century grew faster than housing could be built. HISTORY	MEDIUM 13 words
10	The growing demand for clean water poses a serious challenge for engineers. ENVIRONMENT	MEDIUM 12 words



Practice sentences — Medium (11 to 14 words), part 2

Three more medium sentences, then the first of the longer ones. Keep the rhythm steady.

11	Balanced nutrition in early childhood supports both physical and cognitive development. HEALTH	MEDIUM 11 words
12	Effective communication between team members is essential for any successful project. BUSINESS	MEDIUM 11 words
13	Astronomers have recently identified several planets capable of supporting liquid water. SCIENCE	MEDIUM 11 words



Practice sentences — Long (15 to 18 words), part 1

Notice how the chunk break still hands you a clear first half. Trust it.

11	The professor who specialises in marine biology will present her findings at the international conference. SCIENCE	LONG 15 words
12	Public transport networks in major cities have undergone significant modernisation over the past two decades. TECHNOLOGY	LONG 15 words



Practice sentences — Long (15 to 18 words), part 2

The final five. By now, the chunk break should feel automatic, even on the longest sentences.

16	The development of new medical treatments requires extensive testing and approval before reaching the public. HEALTH	LONG 15 words
17	Trade routes across the ancient Mediterranean allowed goods, ideas, and languages to spread between distant cultures. HISTORY	LONG 16 words
18	The widespread adoption of renewable energy has made solar power increasingly competitive with traditional fuels in many markets. ENVIRONMENT	LONG 17 words
19	Critical thinking about complex problems is one of the most valuable skills any university student can develop. EDUCATION	LONG 16 words
20	Recent advances in artificial intelligence are reshaping the way businesses analyse data and make strategic decisions. TECHNOLOGY	LONG 16 words

Topic spread

These twenty sentences deliberately cover the academic range you meet in real PTE: science, history, environment, business, technology, and health, plus education. Practising across topics trains your ear for unfamiliar vocabulary, which is where chunking matters most.



How to use this pack

Recommended schedule: five sentences per session, four sessions per week, for two weeks. That is forty focused repetitions, which is enough to make the four-step method automatic. The discipline of using all four steps matters far more than raw volume.

Tick a box each time you complete a session, and tick the second row when you have run all four steps cleanly on every sentence in that session.

	W1 S1	W1 S2	W1 S3	W1 S4	W2 S1	W2 S2	W2 S3	W3 S4
Session done	☐	☐	☐	☐	☐	☐	☐	☐
All 4 steps clean	☐	☐	☐	☐	☐	☐	☐	☐

What this pack does and does not do

This PDF gives you the system: the method, twenty graded sentences, and a fortnight of structure. It does not include audio, scoring, or feedback. For audio versions of sentences, real-time scoring, and progress tracking, signing up to [E2Language.com](https://www.E2Language.com) for free is your next step.



Where to go next

You have the method and the practice. The fastest way to find out whether your Repeat Sentence score is actually moving is to hear yourself under test conditions and get it scored.

Mock test

Sit a full PTE Academic mock test and see exactly which tasks are holding your overall band back.

[E2Language.com](https://www.E2Language.com)

The video this pack pairs with

PTE Repeat Sentence 2026: The 6-Word Memory Method That Lifts Speaking AND Listening

youtube.com/@E2PTE

Practise the four steps, twenty sentences across each week for two weeks, and let the next mock test tell you the rest. Method first, volume second.

— Bailey

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